Your experience begins a lifelong journey...

Journey through OPAL Spa to achieve a new level of rejuvenated well-being.

We encourage balanced mind, body and spirit through inner focus, results oriented professional products and a personalized approach to wellness, longevity and beauty.

Our spa artisans offer guidance and encouragement throughout your journey, giving you the tools you need to find your radiant center. Embrace this. It is yours to keep with you wherever your travels take you.

OPAL Spa offers unique, personal therapies combined with luxury amenities – all set against the beauty of nature herself. Indulge yourself in a menu of choices and unforgettable experiences.

From our serene and spacious accommodations to our deliciously nutritious cuisine, every aspect of the OPAL Spa Collection experience is designed to reconnect you with your inner soul and the world around you.

Achieve the perfect balance of mind, body and spirit at each of our award-winning spas.
The OPAL Signature Experience

Signature Body Renewal
This signature ritual begins with a slow dry skin brushing followed by a gentle, nature inspired exfoliation using a unique scrub enhanced with essential oils. It is then followed with an application of massage. This ritual not only deeply nourishes the skin; it combats fatigue and stimulates circulation. Relaxing, Revitalizing, Restorative. 80 minutes

Signature Perfect Massage
Since the human body is constantly changing, your treatment needs may change as well. We have created the perfect massage for you based on what your body’s needs are for healing and restoration. This individualized massage allows you and your spa artisans to combine a myriad of modalities into one perfect massage. 80 minutes

Signature Facial
Fusing science and nature, this ultra-luxe facial is perfect for any skin type. Using the latest anti-aging technologies for increased firmness, elasticity and fullness to nourish and hydrate. This combination back and face treatment not only minimizes the appearance of fine lines and wrinkles, but also instantly softens the skin leaving you radiant, dewy and delicately scented. 80 minutes

Signature Manicure and Pedicure
Begin your luxury ritual with a deliciously scented warm hand or foot bath that transforms into an indulgent, nourishing bath to deeply condition and protect the skin against environmental stress. This exquisite Signature manicure and pedicure combine skin softening minerals, a silicate exfoliation, and a hydrating paraffin mask with a rhythmic and relaxing pressure point massage, and, of course, perfection in shaping, cuticle attention and final polish.
Manicure 55 minutes / Pedicure 75 minutes

Signature Ritual
The gift of renewal, tranquility, and the luster of pure luxury. Enjoy a combination of the Signatures.
Body Renewal / Facial / Manicure and Pedicure Approximately 6 hours

Exclusively created for and by OPAL Spas, these Signature programs are the most decadent of our spa therapies for you to enjoy.
The Ocean Inspired Experience

Ocean Memory Ritual
Indulge in a luxurious, skin-softening ocean odyssey. This algae based treatment prevents the breakdown of hyaluronic acid in the body, which is necessary to keep skin smooth and firm. First, a stimulating full-body exfoliating polish removes dry skin and revs up the circulation. You are then cocooned in an ocean inspired mask encouraging skin firmness and tone. This journey is concluded with a full body application of luxuriously hydrating essential oil with massage. 110 minutes

Soothing Sun Wrap
Rejuvenate and soothe sunburned skin while accelerating the body’s natural healing process and protect your skin from further cellular damage. This nourishing, full body cooling and therapeutic wrap calms inflamed skin while replacing lost moisture and restoring vital nutrients. Mineral rich organic aloe vera and green tea extracts help reduce redness and irritation and heal your sun damaged skin. 50 minutes

Ocean Body Polish
Unique in its pink color, the rich ores are a blend of the purest salts from the four corners of the earth. Together, these ingredients entice the skin to soak up nutrients and look more youthful after being polished and smoothed, improving circulation while leaving the skin glowing and flawless. 25/50 minutes

Ocean Restorative Facial
Infuse your skin with a unique selection of repairing ingredients formulated with antioxidants, organic extracts, vitamin C and hyaluronic acid. This facial oxygenates your skin, improves cellular function, refines pores, and heals sun damage. This rich treatment soothes and deeply hydrates your skin, producing advanced skin care benefits. 80 minutes

Ocean Manicure & Pedicure
This nourishing, rejuvenating treatment includes an all natural soak and scrub, organic oil treatment for cuticles, white algae mask with exfoliation to reduce hyper-pigmentation and an anti-aging balm massage to soften rough, callused hands and feet. Manicure 45 minutes / Pedicure 50 minutes

Ocean Ritual
Enjoy a combination of our Ocean Inspired services. 50 minute Ocean Body Polish / Ocean Restorative Facial / Ocean Manicure and Pedicure Approximately 4 hours
“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”

~ Leo F. Buscaglia

Traditional Swedish Massage
This widely practiced form of massage uses a light touch, long, flowing strokes in a light to medium pressure, designed to warm and relax muscles. This treatment will relax, revitalize and renew your body. Ask your massage therapist how to further customize your experience with our service enhancements.

50/80 minutes

Deep-Tissue Massage
A therapeutic treatment aimed at the deeper tissue structures of the muscles and connective tissue. While using many of the same techniques as traditional Swedish, the pressure is more intense and focused as your therapist works to release chronic muscle tension. Alleviate discomfort while addressing problematic joint and muscular areas with focused medium to firm pressure.

50/80 minutes

Warm Stone Massage
Enter a state of pure bliss as smooth warm basalt stones bring increased circulation and relief to your sore and aching muscles. Careful stone placement combined with soothing massage using these stones as therapeutic tools, encourages a sense of incredibly deep relaxation.

80 minutes

Signature Perfect Massage
Since the human body is constantly changing, your treatment needs may change as well. We have created the perfect massage for you based on what your body’s needs are for healing and restoration. This individualized massage allows you and your spa artisans to combine a myriad of modalities into one perfect massage.

80 minutes

Aromatherapy Massage
Engulf your senses with this exhilarating mélange of spinal and reflexology treatments from across the globe that fully unfold with the application of pure essential oils blended to your request. The nervous system is calmed and body and mind return to a peaceful state.

80 minutes

Mommy to Be
Especially now when your body desperately needs relaxation and relief, experience this safe and gentle, stress relieving massage designed to pamper you and your baby. Natural botanical extracts soothe the senses and provide a sense of contentment and well-being.

50 minutes

Note: Please consult your physician prior to massage: You must be past your first trimester to receive this treatment.

Duet Massage
Quality time has never been so relaxing! Enhance your personalized massage experience with a friend or loved one in the privacy of our Duet Suite. Please select one of the following therapies: Traditional Swedish, Deep Tissue or Aromatherapy.

50/80 minutes

Note: To celebrate any special occasion, champagne and chocolate covered strawberries may be ordered from room service for an additional charge. (A 24-hour notice is recommended.)

Reflexology
Eastern tradition believes the body’s meridians are represented on the soles of the feet and the palms of the hands. This healing treatment applies acupressure to central reflex points on feet and hands to improve circulation and health of vital organs and joints.

25/50 minutes

Scalp Massage
A rich warm-oil treatment steeped in healing botanicals is massaged into the scalp and hair. A dual treatment designed to simultaneously relieve stress and tension while leaving you with shiny, luxurious hair as an added benefit.

25 minutes
Signature Facial
Skin luxury! This luxurious facial uses a fusion of science and nature. Perfect for any skin type, this ultra-luxe treatment uses the latest in natural essential oils and anti-aging technologies for increased firmness, elasticity and fullness to nourish and hydrate. **80 minutes**

Custom Facial
Our customized facial consists of deep cleansing, steaming and extractions (as required), exfoliation, an appropriate mask and a finishing moisturizer. Ask your skin care specialist how to further customize your experience with our skin care enhancements. **50 minutes**

Ocean Restorative Facial
Infuse your skin with a unique selection of repairing ingredients formulated with antioxidants, organic extracts, vitamin C and hyaluronic acid. This facial will help oxygenate your skin, improve cellular function, refine pores and heal sun damage. This rich treatment soothes and deeply hydrates your skin, producing advanced skin care benefits. **80 minutes**

Resurfacing Facial
This results driven treatment will resurface and remove dead skin layers while targeting the repair of individual conditions related to acne, aging, hyper-pigmentation and sensitive skin. A powerful dose of antioxidants, serum is applied to fight free radical damage and protect the cells for a more vibrant youthful condition. Skin tone is instantly brighter with fine lines and wrinkles softer and smoother and collagen stimulated after one treatment. **80 minutes**
Feel like royalty as you pick one of these ethereal combination spa experiences that string together select beauty and wellness treatments and roll them into one glorious bouquet of bliss. The individual experiences in these bouquets are specifically picked to enhance the effectiveness of each and create one glorious ritual.

**Signature Ritual**
The gift of renewal, tranquility, and the luster of pure Luxury. Enjoy a combination of the Signatures.

Body Renewal / Facial / Manicure and Pedicure  
Approximately 6 hours

**Men’s Sports Spa Package**
A package designed with the Spa Man in mind. Just for him.

50 Minute Custom Facial / 50 Minute Deep Tissue Massage / MANicure and Classic Pedicure  
Approximately 3 hours

**Duet Package**
Perfect package for two. Mother/Daughter, Honeymoon or BFF’s spa retreat for two. Share, relax and reconnect in the paradise that is Spa!
Choose from a 50 minute Swedish Massage or a 50 minute Custom Facial with a Classic Manicure and Pedicure.  
Approximately 2 hours

**Petite Package**
This Petite Package offers a healthy tapas style sample of favorites from our spa menu. Select three of your favorites from our 25-minute services, such as: express massage, express facial, warm oil scalp massage, 25-minute reflexology, express manicure, express pedicure.  
Spa Enhancements (are available to add as upgrade to any package)
Spa Lunch (price varies based on menu prices)

**Ocean Ritual**
Enjoy a combination of our Ocean Inspired services.  
50 minute Ocean Body Polish / Ocean Restorative Facial / Ocean Manicure and Pedicure  
Approximately 4 hours
The Express
Just the basics for those whose time is limited, this quick shape and polish is just what you need.
**Manicure** 25 minutes / **Pedicure** 25 minutes

The Classic Manicure and Pedicure
Select your scent and begin your journey! Your selected essence highlights your foot bath salts, lotion and shea butter intense hydration, creating a memorable experience that leaves your fingers and toes beautifully harmonized.

**Manicure** 35 minutes / **Pedicure** 45 minutes

Ocean Manicure and Pedicure
This nourishing, rejuvenating treatment includes a seaweed soak and foot scrub, organic oil treatment for cuticles, algae hand mask with exfoliation to reduce hyper-pigmentation and an anti-aging body balm massage to soften rough, callused hands and feet.

**Manicure** 45 minutes / **Pedicure** 55 minutes

Signature Manicure and Pedicure
OPAL Spa’s exquisite Signature manicure and pedicure combine skin softening minerals, a silicate exfoliation, and a hydrating paraffin mask with a rhythmic and relaxing pressure point massage.

**Manicure** 55 minutes / **Pedicure** 75 minutes

Final Touches
These enhancements are available to add as upgrades to your nail services. Dry service options are available for all manicure and pedicure treatments. *Additional time required.

- Polish Change
- French Finish*
- Paraffin
- Intensive Callous Treatment
- Gel Color*
- Gel /Gel Color*
Experience the best in Hair treatments in our stylish and intimate Salon. All salon prices are starting prices and may increase based on hair length and thickness.

**Hair Cut & Shaping**
- Women’s Cut and Style
- Gentlemen’s Haircut
- Little Prince / Little Princess Cut & Style
  (For children 12 years old or younger)
- Design & Styling
  - Shampoo Blow-dry
  - Basic Blowout
  - Complimentary Consultations
  - Roller Set
  - Special Occasion Hair Styling
  - Bridal Trial Style / Bridal Day Style
  - Add-on Curling Iron, Flat Iron, Hot Rollers to any Hair Styling

**Brilliant Color Services**
- Single Process Color (One color permanent or semi-permanent application)
- Double Process (Root and ends color balance)
- Partial Foil Highlights or Lowlights
  (One color application)
- Full Foil Highlights or Lowlights
  (One color application)
- Partial Foil Alternating Color
  (Bi or Tri-color foils face frame and crown)
- Full Foil Alternating Color
  (Bi or Tri-color foils throughout)
- Corrective Color Conversion
  (Price quote after consultation)

**Treatments**
- Keratin Complex Smoothing Therapy
- Keratin Express Blow-out
- Clear Glaze / Color Glossing
  (Clear or semi-permanent shine)
- Deep Conditioning Treatment

**Depilatory Services**
- Eyebrow Design
- Lip or Chin
- Full Face (excludes brow)
- Bikini
- Full Leg
- Full Leg (with Bikini)
- Lower Leg

**Makeup**
- Daytime Application
- Bridal Trial / Bridal Day
- Special Occasion / Bridesmaid
- Eyelash Application

**Bridal Spa Experience**
- The Bachelorette Party
- Picture Perfect
- All the Brides Maids
- The Groom & All The Grooms Men
Your Spa Experience

Cancellations
Cancellations and reschedule requests must be made 6 hours prior to appointment to avoid being charged in full.

Gift Cards
To order a customized spa gift card, please call or visit our online store.

Reservations
In order to have the most treatment choices and options, we encourage you to schedule your appointments in advance. Although it is possible to walk-in and schedule an appointment, availability becomes limited and in many cases we are fully committed with other guests. Want to avoid the crowds? Try reserving your favorite treatment Sunday – Thursday.

Cell Phones
We are here to promote a calm and relaxing environment. We prefer that you leave phones, smart phones, iPads and pagers at home or in your room. If you must bring them with you, please turn them off before entering the spa.

Communication
Be sure to speak up. All aspects of your treatment can be modified to your taste: amount of light, kind (or absence) of music, temperature, and whether or not you choose to have a conversation or enjoy the treatment in silence. If you want the therapist to use more or less pressure please speak up and tell them. Also, feel free to ask questions. Your therapist will enjoy knowing your thoughts and clarifying any issues you may have. Conversation between Guests in the relaxation room and elsewhere, should be kept at a low volume.

Gratuity
All spa services access a service charge of 18%. This charge is automatically added to your service as a convenience. Additional gratuities for superior service are always appreciated.

Sustainability
As part of our Eco-Awareness efforts, we strive to conserve. Being respectful of your environment is part of the spa experience. Using only the number of towels necessary during your stay helps us to maintain our goal.

Medical Conditions
If you have any type of medical condition, be sure to mention it to your therapist. Certain treatments may not be advisable for you.

Punctuality
Arrive at least 15 to 30 minutes early so you can enjoy an unhurried transition into the spa. Arriving late for your service will limit the time of your service, thus lessening its effectiveness and your pleasure. Your treatment will end at the scheduled time to accommodate the next guest’s scheduled appointment. After a treatment, it’s customary to vacate the room within a few minutes, though you are welcome to spend additional time unwinding in the spa’s relaxation lounge.

Food and Drink
It is advisable not to eat for at least an hour before a treatment. Please avoid the consumption of alcohol on the day of a treatment. Drink plenty of water before and after your services.

Therapist Preference
If you prefer either a male or female therapist don’t hesitate to let your choice be known. Also, if you have enjoyed the services of a particular therapist on a prior visit, feel free to request that person.

What to Wear
In your spa locker you will find a robe. It is important that you are comfortable and able to relax. Treatment protocol provides you with modest draping throughout your services; however, for your comfort and privacy, you may wish to wear a bathing suit or underwear for your services.

Valuables
In order to avoid all worries and stress, leave all jewelry and valuables at home or in your room safe. The spa is not responsible for lost, stolen or damaged items.

Children
A spa is a great place to get a little alone time. Our spa facilities are limited to children age 16 and over. Salon services are available for well-behaved youth of all ages when accompanied by an adult.

Retail
Continue your Spa Experience at home; all spa products are available in our retail boutique. To replenish your supply, we can arrange regular monthly shipments or feel free to call The Spa to have your products delivered at your convenience. Gift cards will also be mailed to you or directly to the recipient.

Groups and Spa Parties
It is our pleasure to host a private spa event. Call for details.